

# 1985 Track & Field Honor Roll (6/5/85)

## St. Paul Pioneer Press

(might not include all Regionals or the State Meet)

### 100 Meter Dash

Jason Crocker, Minnehaha Academy :10.5  
Brian Tetzlaff, St. Paul Harding :10.7  
Rob Nielson, Moorhead :10.7  
Mike Murphy, Kellogg :10.8  
Darrell Thompson, Rochester JM :10.9  
Aaron Oden, Stillwater :11.0  
Tom Dromp, Stillwater :11.0  
Matt Vought, Robbinsdale Cooper :11.0  
Jeff Pommier, Forest Lake :11.0  
Jim Tima, Park-CG :11.0  
Dave Herzberg, Mankato West :11.0

### 200 Meter Dash

Jason Crocker, Minnehaha Academy :21.6  
Mike Murphy, Kellogg :22.2  
Rob Nielson, Moorhead :22.2  
Terrell Sinkfield, Mpls. Henry :22.3  
Aaron Oden, Stillwater :22.3  
Brian Tetzlaff, St. Paul Harding :22.5  
Jeff Pommier, Forest Lake :22.5  
Joe Pacht, South St. Paul :22.5

### 400 Meter Dash

Mark Bennett, Wayzata :48.7  
Mike Murphy, Kellogg :48.8  
Joe Regnier, White Bear Lake :49.4  
Jim Tima, Park-CG :49.4  
Brian Frank, Totino Grace :49.5  
Reik Anderson, Wayzata :49.5  
Scott Neuman, Cretin :49.6

### 800 Meter Run

Josh Bunker, Mpls. South 1:52.3  
Steve Webber, Simley 1:53.3  
Carson Hoefft, Robbinsdale Armstrong 1:53.8  
Jim Scott, Bloomington Jefferson 1:56.3  
David Krejci, Austin 1:56.5  
Eric Riggs, Wayzata 1:56.9

### 1600 Meter Run

John Long, Totino Grace 4:14.4  
Carson Hoefft, Robbinsdale Armstrong 4:15.3  
Greg DeFor, Bloomington Jefferson 4:16.0  
John Wodney, Cloquet 4:16.3  
Todd Beetcher, Rochester Mayo 4:16.9  
Darrin Shepardson, Winona 4:18.0

### 3200 Meter Run

Jeff Taylor, Mounds View 9:04.0  
Jeff Renlund, Minnetonka 9:21.5  
Chris Harder, Austin 9:24.1  
Darrin Shepardson, Winona 9:25.3  
John Olson, Lakeville 9:25.3  
John Long, Totino Grace 9:25.3

### 110 Meter High Hurdles

Erik Johnson, Minnehaha Academy :14.4  
Aaron Larson, St. Paul Como Park :14.5  
John Briese, Park-CG :14.6  
Sun Lau, St. Paul Johnson :14.6  
Dan Feely, Stillwater :14.8  
Jim Younger, Bloomington Jefferson :14.9  
Jim Gustafson, White Bear Lake :14.9  
Chis York, Austin :14.9  
Pete Garber, Mahtomedi :14.9

### 300 Meter Intermediate Hurdles

Kevin Johnson, Eden Prairie :38.8  
John Briese, Park-CG :38.9  
Paul Eischen, Hastings :38.9  
Jim Younger, Bloomington Jefferson :39.0  
Dallas Kaiser, Coon Rapids :39.0  
Tom Phillips, Albert Lea :39.2  
Pete Garber, Mahtomedi :39.2

### 400 Meter Relay (4x100)

Anoka :43.0  
Coon Rapids :43.2  
Robbinsdale Armstrong :43.3  
Alexander Ramsey :43.3  
Forest Lake :43.3  
White Bear Lake :43.3

### Mile Relay (4x440)

Bloomington Jefferson 3:22.7  
White Bear Lake 3:23.6  
Blaine 3:24.2  
Park-CG 3:25.7  
Northfield 3:26.0  
Stillwater 3:26.1

### 1600 Sprint Medley Relay (200,200,400,800)

White Bear Lake 3:33.2  
Blaine 3:34.6  
Northfield 3:36.4  
Forest Lake 3:36.4  
Stillwater 3:36.6  
St. Thomas Academy 3:36.6

### Shot Put

Larry Hartman, St. Louis Park 59-3  
John Zollinger, Kellogg 59-2.25  
Don Eischen, Rocori 55-11  
Chris Berg, La Crescent 55-6  
Eric Allis, Wells-Easton 55-0

### Discus Throw

John Zollinger, Kellogg 191-8  
Michael Yonkey, Wells-Easton 174-4  
Peter Knutsen, Mounds View 167-10  
Joel Nichols, Stillwater 164-4.5  
Lurt Zuidmuller, Hibbing 163-8  
Mike Enos, Osseo 163-6

### High Jump

Bob Flett, Osseo 6-8  
Joe Healy, Kenyon-Wanamingo 6-8  
Mike Deranek, Hill-Murray 6-8  
Mike Fairchild, Owatonna 6-8  
Chad Krick, Centennial 6-7  
Mike Berndt, Blaine 6-7

### Pole Vault

Erling Ringquist, Mpls. Roosevelt 14-10  
Jim Lim, Edina 14-1.5  
Pete Walker, Austin 14-0  
Shane Anderson, Kellogg 13-9.25  
Scott Sather, Eden Prairie 13-8  
Nick Berg, Bemidji 13-8

### Long Jump

Darrell Thompson, Rochester JM 22-11.25  
Jason Crocker, Minnehaha Academy 22-9  
Jeff McArthur, Eden Prairie 22-5  
Bob Cich, Spring Lake Park 22-3  
Mark Tentis, White Bear Lake 22-2.5  
Brian Trombley, Anoka 22-1.5

### Triple Jump

Mark Stewart, Mounds View 45-8  
Greg Williams, Robbinsdale Armstrong 45-0.25  
Clemon Dabney, SP Highland Park 44-4.75  
Mike Murphy, Kellogg 43-11  
Shawn Amos, Robbinsdale Armstrong 43-8.5  
Bob Cich, Spring Lake Park 43-7.25

**Note:** The newspaper treated FAT & handheld times the same. Thus a 10.7 (HH) is ranked ahead of a 10.76 and a 10.81 does not make the list while a 10.8 does.